Embraced:Fully
Third Thursday Worksheet · Thursday, November 19, 2026

READY, SET, HOME! · TOOLS FOR THE ROAD BACK

Two Sides of the Envelope

The Good Samaritan from the Inside and the Outside

Hello, friend. Thursday is our first Ready, Set, Home! workshop, the new Third Thursday format: one topic, the view from the inside and from the outside, a little myth busting, and practical tools for your next letter. Every month comes with a worksheet like this one. Fill this in before, during, or after the call. There are no wrong answers here, only honest ones.

1. Myth check

Before the call, mark where you honestly land today. We'll come back to these.

Statement	Agree	Not sure	Disagree
A good Samaritan fixes the problem.	☐	☐	☐
If I'm kind, it will be a normal give-and-take friendship.	☐	☐	☐
Guidelines and boundaries make me cold, or say I don't trust them.	☐	☐	☐
If I say no to a request, I'll lose the relationship.	☐	☐	☐
The bigger my heart, the better letter writer I'll be.	☐	☐	☐
Once the rules are in the welcome letter, they're settled.	☐	☐	☐

The one I most want to hear about on Thursday:

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2. The story, again

Luke 10:25–37. A man is beaten and left on the road. A priest passes by. A Levite passes by. A Samaritan stops. He bandages the wounds, takes the man to an inn, pays the innkeeper to look after him, and says he'll come back.

The question Jesus was asked: "Who is my neighbor?" The question he asked back: "Who behaved as a neighbor?"

What did the Samaritan do himself, and what did he hand to the innkeeper?

Who is the "innkeeper" in my role as a letter writer?

> **The same call, in many traditions**
>
> Love your neighbor as yourself (Leviticus 19:18) · kindness to neighbors near and far, the stranger and the traveler (Qur'an 4:36) · karuna, compassion without attachment (Buddhism) · ahimsa, non-harming (Hinduism) · seva, selfless service (Sikhism).
>
> The people we write to come from all of these, and none. We bring faith in as conversation, never as a lesson.

3. Read it from both sides

For each message, imagine the person writing it, then yourself reading it. Then write a reply that leaves them seen and heard and keeps you in your role.

"Could you put a little money on my books? I know I asked before."

What might be behind it on the inside?

What do I feel reading it?

My reply:

"You're the only one who really understands me."

What might be behind it on the inside?

What do I feel reading it?

My reply:

"Can you help me find somewhere to live when I get out?"

What might be behind it on the inside?

What do I feel reading it?

My reply:

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4. My redirect, in my own words

A simple shape: see them, name the limit, hand it on, come back to them.

> I hear you, and I understand why you're asking.
>
> That isn't something I'm able to help with, but I know who can.
>
> I'm letting our Navigator know today, and they'll be in touch.
>
> Now tell me — how's your family? / How did that class go? / What made you laugh this week?

My version:

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5. Where it goes

You don't have to know the answer. You only have to know where it goes. A clear handoff keeps you from getting overwhelmed, and keeps you writing. Soon, the Correspondence app will flag many of these for you.

If it's about…	It goes to
Money, packages, commissary, gifts	Reentry Navigator
Housing, jobs, legal matters, the reentry plan	Reentry Navigator
Something happening in the facility; safety	Reentry Navigator, right away
Romantic feelings (theirs or mine)	Reentry Navigator
Daily life, family, faith, what they're reading or learning, hopes	You — this is your lane
"I'm not sure"	Reentry Navigator. Asking is always right.

6. Situational awareness check

Tick any that are true for you lately. None of them means you've done something wrong; each is worth a conversation with your Navigator.

- ☐ I find myself thinking about one person between letters more than I expected.

- ☐ I've wanted to write them outside of Embraced:Fully.
- ☐ I've skipped past something the app flagged.
- ☐ I feel that if I don't answer quickly, they'll fall apart.
- ☐ I've felt pressure to say yes to a request.

A question to keep: does this help them know me, or does it ask me to carry them?

7. The role that fits me

Not every volunteer fits one mold. Which sounds like you?

- ☐ Correspondence partner: I'd like to write one person regularly.
- ☐ Check-in writer (an idea we're exploring): a short weekly note or thought of the week to a small group, without carrying one person.
- ☐ I'd like to help recruit letter writers. Someone I could invite:

- ☐ I'm not sure yet, and I'd like to talk it through.

8. One thing before December 17

One thing I'll do differently in my next letter:

A question I'd love answered at a future Third Thursday:

Name (optional): _____

Reply to the email with sections 7 and 8, or bring your answers to the call. Next Third Thursday: December 17.